

## Group Class Schedule

Tel: (65) 6838 1234 - Email: [contact@iPilates.com.sg](mailto:contact@iPilates.com.sg) - Website: [www.iPilates.com.sg](http://www.iPilates.com.sg)

Time		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	00					Towelwork / Chair	Reformer
10	00	Floorwork			Reformer		Spine Corrector
10	15			Reformer			
10	30		Floorwork				
11	00						
11	15						
11	30		Reformer	Reformer			
12	00					Reformer	
12	30	Reformer					
15	00						
15	30			Towelwork / Chair			
18	30						
19	00	Spine Corrector		Matwork / Spine Corrector	Reformer		

Class size is limited, please reserve a space in advance. For cancellation, please give at least 24 hours advance notice or charges will apply.

Class schedule is subject to change.

iPilates reserves the right to cancel a group class. In case of this, advance notice will be served.